

November 2010

Dawn Bratcher was the winner of the rocking chair that was raffled off at the retreat.

Donated by Donna Dedas

That raffle brought in \$259

THANKS DONNA



A HUGE THANK YOU TO DONNA JANSEN AND THE KITCHEN STAFF AND FOR THE HELP OF BOB MILLER AND LARRY HUDSON! THANKS FOR PITCHING IN AND DOING SUCH A GREAT JOB WHILE MARY MARGARET AND JEFF WERE ON THE

MICROPHONE FOR THE FALL RETREAT

YOU ALL ARE GREATLY APPRECIATED!

Cancer Support Group
(502)451-9600
P.O. Box 5575
Louisville, KY 40255

COMMITTEE CHAIRS

Board Development-

Maurice LeFevre-671-0403

Financial –

Dennis Grimes-451-3624

Fund Raising

Carol Hudson-614-7062

Newsletter

JuneBug Head– 348-1020

Outreach

Jeff Bohn-773-4645

Public Relations-

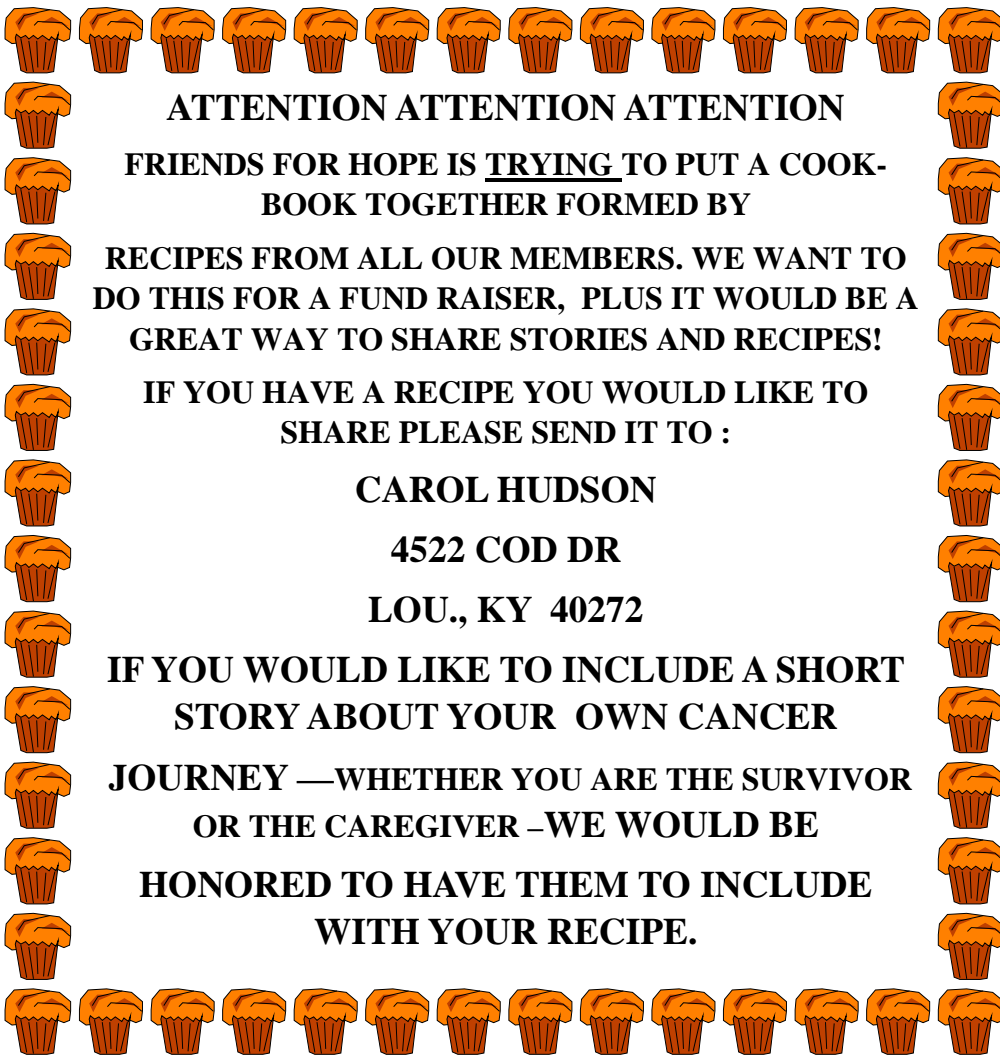
Mardi Crosser-425-3315

Support Group-

Sheelah Anderson– 636-3396

Retreat-

Mary Margaret Collins-363-2328



ATTENTION ATTENTION ATTENTION

FRIENDS FOR HOPE IS TRYING TO PUT A COOK-BOOK TOGETHER FORMED BY

RECIPES FROM ALL OUR MEMBERS. WE WANT TO DO THIS FOR A FUND RAISER, PLUS IT WOULD BE A GREAT WAY TO SHARE STORIES AND RECIPES!

IF YOU HAVE A RECIPE YOU WOULD LIKE TO SHARE PLEASE SEND IT TO :

CAROL HUDSON

4522 COD DR

LOU., KY 40272

IF YOU WOULD LIKE TO INCLUDE A SHORT STORY ABOUT YOUR OWN CANCER

JOURNEY —WHETHER YOU ARE THE SURVIVOR OR THE CAREGIVER –WE WOULD BE

HONORED TO HAVE THEM TO INCLUDE WITH YOUR RECIPE.

Friends for Hope extends a heartfelt thanks to the following who made a monetary donation to the group between AUG AND OCT 2010.

Kevin Blake (GOLF SCRAMBLE)

Regina Gallagher & Allstate

Giving Campaign

(matching funds)

IN MEMORY OF LINDA ZAY

DANIEL ZAY

AMY CROSSER

DONNA DEDAS

CHUCK DUGGINS

DONNA GLASPIE

BRUCE HENDERSON

RODNEY HENDERSON FOR HENDERSON SVS

CAROL & LARRY HUDSON

GLORIA FRANKLIN & DEBRA RAU

PAM MAHDAVI

MICHAEL QUINLAN BRAIN TUMOR FOUNDATION

THANK

YOU



Monetary donations are used for scholarships and to purchase what is not donated.

We appreciate our donors!!!

REMINDER

**If there is a death, please notify
Cindy Wilhem at (502)426-1053 or
(502) 744-7708 for the
telephone tree to make calls.**

Thanks

Friends For Hope Support Group

Facilitators Schedule -2010

Ed Causey -445-1021

Barbara Steele - 562-4158 (ext. 4479)

Tony Heitzman-456-6200

Maurice LeFevre- 671-0403

Nov. 4

Dec 2

Christmas/Holiday Party is the 5th

Jan 6

Feb 3

Friends for Hope

Annual Christmas/Holiday Party

December 5, 2010

Time: 2:00 PM to 4:00 PM

Location: IBEW Local 369 Building

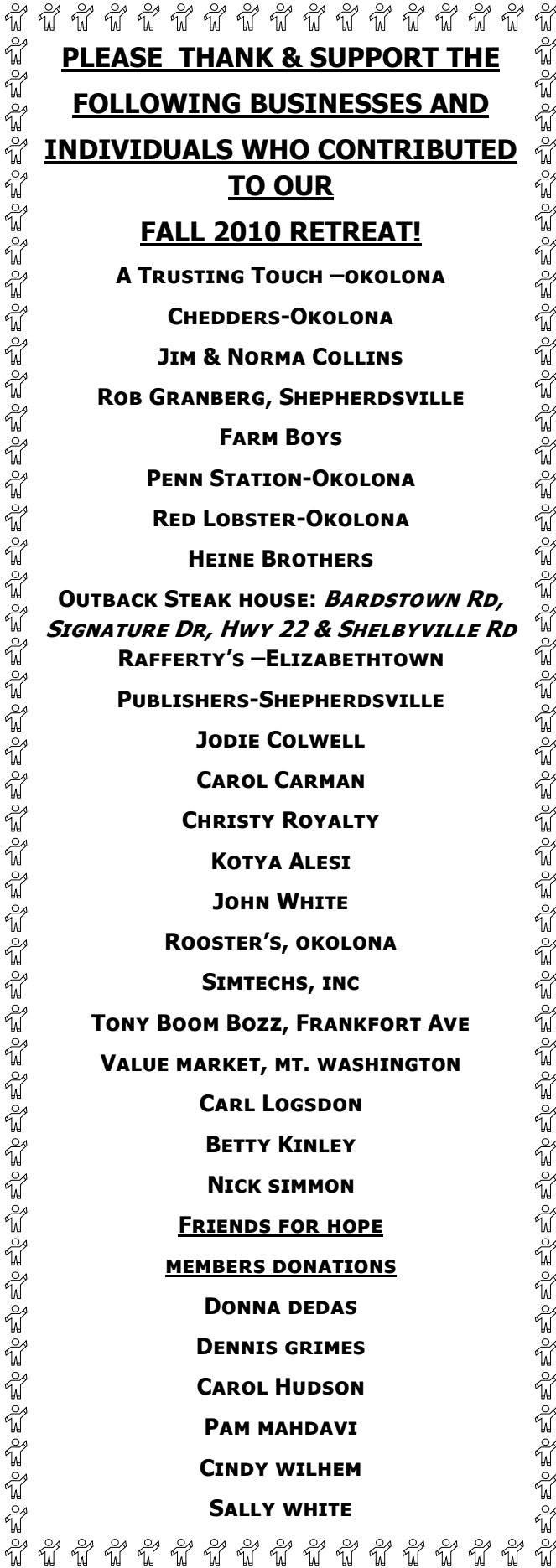
4315 Preston Highway

Louisville, Ky

Entertainment: The Louisville Dulcimer Club

TO RSVP CALL: 502-451-9600

LEAVE NAME & NUMBER OF GUESTS



**PLEASE THANK & SUPPORT THE
FOLLOWING BUSINESSES AND
INDIVIDUALS WHO CONTRIBUTED
TO OUR
FALL 2010 RETREAT!**

- A TRUSTING TOUCH –OKOLONA**
- CHEDDERS-OKOLONA**
- JIM & NORMA COLLINS**
- ROB GRANBERG, SHEPHERDSVILLE**
- FARM BOYS**
- PENN STATION-OKOLONA**
- RED LOBSTER-OKOLONA**
- HEINE BROTHERS**
- OUTBACK STEAK HOUSE: *BARDSTOWN RD,
SIGNATURE DR, HWY 22 & SHELBYVILLE RD***
- RAFFERTY’S –ELIZABETHTOWN**
- PUBLISHERS-SHEPHERDSVILLE**
- JODIE COLWELL**
- CAROL CARMAN**
- CHRISTY ROYALTY**
- KOTYA ALESI**
- JOHN WHITE**
- ROOSTER’S, OKOLONA**
- SIMTECHS, INC**
- TONY BOOM BOZZ, FRANKFORT AVE**
- VALUE MARKET, MT. WASHINGTON**
- CARL LOGSDON**
- BETTY KINLEY**
- NICK SIMMON**
- FRIENDS FOR HOPE**
- MEMBERS DONATIONS**
- DONNA DEDAS**
- DENNIS GRIMES**
- CAROL HUDSON**
- PAM MAHDAVI**
- CINDY WILHEM**
- SALLY WHITE**

UPCOMING EVENTS IN THE COMMUNITY

HOSPARUS MEMORIAL SERVICE

NOVEMBER 14, 2:30PM

ST. PIUS CHURCH

GOLDSMITH LANE,

LOU., KY

NOVEMBER 15TH AT GILDA’S-FREE LIGAL CLIMIC FOR CANCER PATIENTS AND FAMILIES SPONSORED THROUGH KENTUCKY CANCER PROGRAM.

WEBSITE AVAILABLE TO THOSE NEEDING TO TALK TO & WITH CHILDREN, OF ALL AGES WHO HAVE A PARENT, GRANDPARENT OR OTHER LOVED ONE THAT HAS CANCER. THAT SIGHT IS

kidkonnected.org

Hosparus is there to walk families through issues at the end of their journey and can handle matters children and others might have like questions such as “what to expect, leaving, etc.”

Gilda’s is also a great resource when dealing with children

At the James Graham Brown Cancer Center Dec. 1, 2010

12 Noon

DEALING WITH THE HOLIDAYS WHILE DEALING WITH CANCER

MEMBERS UPDATE

Joyce Harris is doing well. She had her last treatment on Friday the 29th. Will get scans on <Monday the first and is hoping for good results. Joyce attended a conference in Indianapolis on Advances in Metastatic Breast Cancer in Oct. She said it was very informative and she found it very interesting. One topic was “Finding and locating clinical trials through networks over the internet. The site is breastcancertrials.org for anyone that might be interested.

Elizabeth Booth had surgery after the fall retreat. She had a benign mass on her kidney which was removed. She reports that both kidneys are working fine and she doesn't have to have any treatments of any kind! She is very grateful for the outcome. Elizabeth stayed in the hospital for a week and then with her daughter for a week but is home now and just taking it easy and recuperating. She said she would like to come to support group meetings if anyone could give her a ride –her number is 502-365-6889 and her zip code is 40211.

Karen Blake had some insurance chemotherapy for the tumor that had “disappeared” prior to the fall retreat. She took the last of those treatments on Thursday the 28th of Oct. On Nov. 4th she will see the radiologist to see what they have planned for her. Kevin said they had a great time on their cruise and another great week with friends in Florida —but he was glad to be home. He stated that Karen's spirits were good, a little apprehensive about what is to come and he reports that her shampoo is back!

Rosa Battle has a pinched nerve in her back and it has gotten worse so she is now on a pain patch which she reports is helping. She said hopefully she is on the mend and is in a wait and see status.

Jill Lightle has been having a difficult time with her radiation and has had some hospital time and is currently back in the hospital under-going more test.

Joe Slack is doing well! Whatever it was the doctors were looking at is GONE! That is great. Tammy recently lost a close friend and the guy that took Joe to all his treatments and Joe's mother is currently ill and is having a scope in the morning—NOV 5TH

Kendall Mauer is doing well. She reports she is still on treatment and still cannot drive. She would love to go to support group meetings and the Christmas/Holiday party if anyone can give her a ride please call her. 502-299-6947 and she lives in zip code 40222.

LET'S KEEP THEM ALL IN OUR PRAYERS AND THOSE WE HAVE NOT HEARD FROM TOO. CHECK ON OUR MEMBERS IF YOU GET A CHANCE—IT COULD MAKE BOTH YOUR DAYS BETTER!

SEND CARDS IF YOU CAN TO ANY MEMBERS TO BRIGHTEN THEIR DAY

MISSION STATEMENT

Friends for Hope is a non-profit organization

Created for the purpose of supporting adult cancer survivors, family members and caregivers through
friendship, love and laughter.

Our mission is to provide support through monthly meetings on the first Thursday of every month from 7:00 — 8:30 p.m.
3532 Ephraim McDowell Drive, Lou., Ky.

Trained professionals facilitate these meetings where you can meet new friends, share experiences, and express feelings.

Friends for Hope also offers two weekend retreats, one in the Spring and one in the Fall.

The relaxing, informative and fun-filled retreats are a time for those affected by cancer to enjoy fellowship
and support in a beautiful natural surrounding.

Our hopes is to make living with cancer the most positive experience possible.

For more information about *Friends for Hope*

Call (502) 451-9600

Visit our Website: www.friendsforhopecancersupport.org

THE DATE FOR THE

**Spring RETREAT
IS**

APRIL 8TH - 10TH, 2011

PLEASE SAVE THIS DATE AND

PLAN TO JOIN US

Last retreat we welcomed the
following new members:

Angela Alfred

Regina “gina” bottom

Carolyn ederheimer

Leslie franklin

Joh & diana green

Suzanne Hartman

Michelle Hopkins

Wanda johnson

Jill Lightle

Tony & Darlene lusk

Mick & ruth pearson