

November 2007

**Please support the following businesses
who donated to our Fall 2007 Retreat**

Food Donors:

Burger King-LaGrange
Costco
Cracker Barrel-LaGrange
Dairy Queen-Crestwood
Homemade Ice Cream & Pie Kitchen
Jersey Mike's
Kaiser's
Kroger Stores: (Mudd Lane, Prospect, Shepherds-
ville,
Outback Steak House
 Bardstown Rd-Fern Creek
 Brownsboro Rd
 Signature Dr. (off Fern Valley Rd)
Save-A-Lot-LaGrange
Waffle House-LaGrange
Wal-Mart-LaGrange

Raffle Items:

A Trusting Touch Hair Salon
Bombay -The Summit
Butterfly Garden
Bryant Heating & Cooling
Casino Aztar
Coit Carpet Cleaners
The Compass
Force 2000 Salon
Great Escape Theatres
Holiday World/Splashin Safari
Irish Rover
Kentucky Derby Museum
Louisville Bedding
Louisville Slugger
McAlisters Deli-Middletown
National City Bank-Whittington Pkwy.
Salon Michele



Snipes Inc
Starbucks-The Summit

Individuals:

Anonymous Donors
Rose Barnes
Carl Logsdon
Kim Venegas
All FFH Members

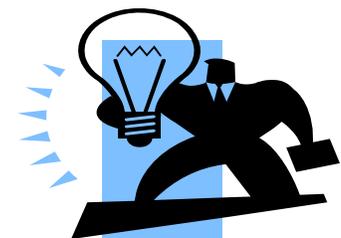
**Cancer Support
Group
(502)451-9600
P.O. Box 5575
Louisville, KY
40255**

**Oops—the name for
one of our continuous
raffle donors was
incorrectly listed as
A Perfect Touch Hair
Salon.**

**It should read as
A TRUSTING
TOUCH HAIR
SALON**

**Thank You
Kentucky Cancer
Program
for all of your
support**

**Friends for Hope
Board Members**
President
Ed Causey, Facilitator
1st Vice President
Linda Zay, Survivor
2nd Vice President
Jeff Bohn, Caregiver
Secretary
Lynne Fleming, Survivor
Treasurer
Bev Cunningham, Survivor
Members At-Large
Sheelah Anderson, Survivor
Rosa Battle, Survivor
Virginia Head, Survivor



REMINDER

If there is a death, please notify Linda Zay at 239-3433, for the telephone tree to make calls.

There were a total of "67" individuals attending the Fall 2007 Retreat.

We welcomed 18 new members:

Elsie Albers	Susan Beasley	Brenda Bradshaw
Jerri Brewer	Jennifer Coomes	John Corder
Marcella Corder	Alicia Farmer	Cecilia Hall
Stacy Jones	Wendy Jones	Debbie Malone
Rosie Poelvoorde	Pamela Searcy	
Kevin Simms	Katherine Thompson	
Tabatha Todd	Suzanne Vance	
	Suzanne Vance	

CANCELLATIONS

1. In the event of bad weather -- support group meetings, board and retreat planning meetings held on Wednesday nights will be cancelled if WHAS radio reports that:
 - a. Jefferson County Schools are closed
 - b. Jefferson Community College evening classes are closed

2. Scheduled support group meetings, board and retreat planning meetings that fall during a Major Holiday week will not be held that Wednesday.

For example the meeting that falls the Wednesday of Labor Day week on September 5th and the day before Thanksgiving---November 21st will not be held.

If you have questions concerning the cancellations please call the contact phone number (502) 451-9600

If you do not want to receive future mailings from Friends for Hope please call our contact phone (502) 451-9600 and leave your full name and address and we will remove your name from our mailings.

"SPOTLIGHT"

This month we spotlight two of our supporters!
Please support their businesses as they support our group.

Kroger Stores

With over 37 stores in
Louisville, Kentucky & Southern Indiana
there is sure to be one near you.

Have an enjoyable day at

Casino Aztar

421 N.W. Riverside Dr.

Evansville, Indiana

Food, Shopping

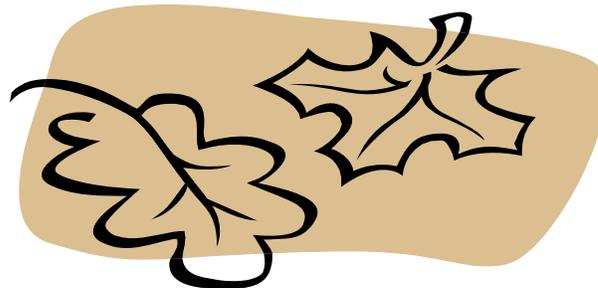
&

Overnight Accommodations

Are Available

Thank you for your continued support!

Would you or your company like to assist in fund raising to help support our group?



Meet Lynne Anne Fleming.

**She is our Secretary
of the Board of
Directors and a 26
year cancer survivor.**

Lynne was born in April 1961. She has 2 younger brothers, 2 nieces and 2 nephews. Her parents are Bob & Sophia Fleming.



Lynne is a musician and artist. She has played the piano since a child and in 2002 started violin lessons and oil painting classes. She recently donated one of her paintings to Friends for Hope for the Toonerville Art Show to be raffled. Lynne also enjoys reading and knitting. She now has a guitar she is trying to learn to play that her boyfriend, Bob Vetter gave her for her birthday. They have been dating for a few years. Bob has two daughters.

Lynne was diagnosed on June 10, 1981 with Hodgkin's Lymphoma. She was 20 years old at the time and was home from college for a few weeks after her sophomore year at Xavier University in Cincinnati, Ohio.

She had surgery and had her spleen removed on her youngest brothers

birthday. She states this was the normal procedure at the time. Her spleen and the lymph nodes in the abdomen were clean of cancer. She started chemotherapy and finished her treatments in November of that year while attending college, taking 12 credit hours that fall. Her treatments were successful and she was "officially in remission".

Lynne graduated on time and followed that up with law school. She graduated from U of L's Brandeis School of Law in 1986. She passed the bar exam and started working as a trial attorney in the Public Defender's office in Louisville.

Lynne left there in 1994 to work in the City of Louisville's Law Department where she defended the City in Civil Rights, labor and employment litigation.

Lynne was diagnosed in 1999 with

a recurrence of the Hodgkin's Lymphoma after 17 years of remission. The treatment protocol had changed and Lynne underwent her chemotherapy and radiation.

Lynne states that health wise she is doing fine today.

She has been associated with Friends for Hope since the fall of 1999 and a board member since 2001. Lynne also volunteers with the Leukemia and Lymphoma Society and is the co-captain of a team for their Light the Night Walk held in October.

Lynne has a 2 year old Shetland Sheepdog named Abby. She lost her previous dog, a Sheltie to lymphoma.

Lynne has been an asset to our group and we are happy to have the opportunity to be a part of her life.

This letter was written by a woman who attended the Fall 2007 retreat with her mother .

LIVE, LAUGH, LOVE

The bad news is that my mother, Bev Cunningham, was diagnosed with breast cancer 19 years ago...the good news is that she is a breast cancer survivor of 19 years today! As an only child living in a different state with the responsibilities of a family of my own, I was not able to physically be with my mother during the majority of her treatment and all of the ups and downs associated with moving forward with your life while always feeling as if the shadow of cancer was stalking you and wondering if and /or when it would catch you again. I've heard a lot of people say after beginning their battle with cancer that they were not going to let this disease define them or their lives; but I feel like my mother did exactly the opposite. She determined that she **would** let her cancer define her by using its advent in her life as **her** advent...she decided, and then acted upon that decision, to do all the things she wanted to do, to be the kind of person she was meant to be, essentially to really begin living and not just existing! You might say that cancer was the best thing that ever happened to my mother...and other than the advent of me, you'd probably be right!

As my sweet mother began this new journey, it became clear that she was not traveling alone. I began hearing more and more (and even more) about her "survivor" friends and the parties they attended, the events they put together, the FUN they were having. My first reaction was absolute disbelief that a group of people who were in various stages of an often terminal illness could find such FUN in so many things! Then I began wondering if my mother was making up all of this stuff so I wouldn't feel so bad about not being able to be there for her (she would do that). Gradually, I came to realize that the group and the relationships were genuine...in fact, the most genuine of any that I had personally experienced, because they were based on a camaraderie that comes from the intimacy of sharing both life and death in an honest, open, and positive way.

Imagine my excitement when, during my most recent visit to Louisville, I was invited to actually attend a Friends for Hope weekend extravaganza!!!! I was thrilled and honored to finally get to meet some of these people who had both helped and been helped by my mother. Could they possibly live up to the expectations that I had, would I fit into a group that I didn't qualify for? I quickly discovered that in this kind and gentle place, ALL are welcome, all are honored and respected, and everyone gets to have fun!! This special group of special people is a testimony to the fact that God is not always going to make us happy, but He will always offer us joy...the joy available to us despite the circumstance of cancer or any other distraction. I experienced in this place despite or, like in the case of my mother, maybe even because of this horrible disease, these people were survivors whose intent was to always, no matter what, LIVE,LAUGH, and LOVE! God Bless you all!

Brenda Bradshaw
Atlanta, Georgia
October 18, 2007

The logo for "Friends for Hope" features the words "Friends for Hope" in a cursive, handwritten-style font. The word "for" is smaller and positioned between "Friends" and "Hope". The "H" in "Hope" is stylized with a blue and green gradient.

Hope to see you at our next fund raiser at
Outback Steak House, Signature Dr., Louisville, KY
(Off of Fern Valley Rd)
November 10, 2007

Doors open at 12:30 PM

Doors Close at 1:00 PM

Friends for Hope extends a heartfelt thanks to the following who made a monetary donation to the group between

July 17, 2007 and October 15, 2007

Donations given in memory of :

Ralph Parks

Cynthia & Andrew Howell

**In Honor of the wedding of
Jean Parks & David Holliger**

Lewis & Joann Browner

Cynthia & Andrew Howell

Lisa Johnson

Dennis & Sharon Meggett

Individual Donations

Henry Goodrow

Gene Vowels

Allstate Giving Campaign

(by Regina Gallagher & Roger Huff)

(monthly matching funds donation)

Indiana State Employee's Community Campaign

(Melissa Acton)

Life Scan of Louisville, LLC

(Money toward Retreat Food)

Retreat Scholarships

John & Diane Thompson

The Michael Quinlan Brain Tumor Foundation

Support Group

Friends for Hope Support Group meets the first and third Wednesday from 7:00 pm to 8:30 pm at the Hospice of Louisville Building.

This is not a hospice support group, but is endorsed by Hospice

It is for adult survivors, family members and friends.

The meeting is located off

Dutchman's Lane at Abigail Drive and Ephraim McDowell Drive.

Hope to see you there!

Fall Retreat

The raffle brought in \$378

The Chest raised \$628

(Made and donated by Carl Logsdon)

Thanks to all who made this possible!

YOU ARE TERRIFIC

Marks Feed Store Fundraiser

\$104

Remember the
Holiday Party is
December 2, 2007
from 2pm to 5pm.

Please RSVP to
(502) 451-9600

Come share the day with
us!



MISSION STATEMENT

Friends for Hope is a non-profit organization

Created for the purpose of supporting adult cancer survivors, family members and caregivers through
Friendship, love and laughter.

Our mission is to provide support through bi-monthly meetings on the first and third Wednesday of every month from 7:00 — 8:30 p.m.

Trained professionals facilitate these meetings where you can meet new friends, share experiences, and express feelings.

Friends for Hope also offers two weekend retreats, one in the Spring and one in the Fall.

The relaxing, informative and fun-filled camps are a time for those affected by cancer to enjoy fellowship
and support in a beautiful natural surrounding.

Our hopes is to make living with cancer the most positive experience possible.

For more information about *Friends for Hope*

Call (502) 451-9600

Visit our Website: www.friendsforhopecancersupport.org

NEXT RETREAT

The date for the next
Friends for Hope retreat is
March 28 -30, 2008

The theme for this retreat is
The Wizard of Oz!

The fall retreat will be
October 3-5, 2008



Last date for
Early Bird Discount For
Spring
Retreat

Is March 7, 2008

Final Registration
Deadline

Is
March 22, 2008