

May 2007



Please support the following businesses who donated to our Spring 2007 Weekend Getaway

RAFFLE ITEMS

Alliance Entertainment-IN
Bombay @ The Summit
Bob Hook Chevrolet
Bryant Heating & Cooling
Churchill Downs
Coit Carpet Cleaning
Fazoli's (UP Properties)
Forest Discovery Center-Starlight, IN
Frank Otte Nursery
Gray Towers Florist
Highlights for Children-Columbus, OH
Irish Rover
National City Bank-Whittington Pkwy
National City Investments
Salon Michele
Starbucks—Springhurst Commons Dr

FOOD DONATIONS

Beef O'Brady's-Bardstown Rd
Cardinal Inn
Claudia Sanders Dinner House
Clem's Seafood & Specialties
Cosco's Wholesale
Cracker Barrel-LaGrange
Dairy Queen-Hwy 22 & LaGrange
Hardee's—Taylor Blvd
Haywood's Dairy
Homemade Ice Cream & Pie Kitchen

FOOD DONATIONS CONT:

Hometown Pizza—LaGrange
Horton Fruit
Jersey Mike's
Kaiser's
Kroger Stores:
 Bardstown Rd, Breckenridge Ln
 Brownsboro Rd, Dixie Hwy,
 Hubbards Ln, LaGrange Rd,
 Linn Station Rd, Mudd Ln,
 New Cut Rd, Outer Loop
 Poplar Level Rd, Shelbyville Rd
 Terry Lane, S. 7th Street Rd
 924 & 3165 S. 2nd Street and
 LaGrange, Ky.
Outback Steak House
 Bardstown Rd
 Highway 22
Pilot Corp, Simpsonville, KY
Sam's—Okolona
Save-A-Lot, LaGrange Shpg Ctr
Subway, Okolona
Swift & Company
Texas Roadhouse, Okolona
Thornberry's Delicatessen
Waffle House, LaGrange
Wal-Mart—LaGrange
Wild Oats Natural Marketplace

Cancer Support

Group

(502)451-9600

P.O. Box 5575

Louisville, KY 40255

Friends for Hope

Board Members

President

Ed Causey, Facilitator

1st Vice President

Linda Zay, Survivor

2nd Vice President

Jeff Bohn, Caregiver

Secretary

Lynne Fleming, Survivor

Treasurer

Bev Cunningham, Survivor

Members At-Large

Sheelah Anderson, Survivor

Rosa Battle, Survivor

Virginia Head, Survivor

The board lost one of it's

valued members

Elizabeth "Liz" Hoffman

in March 2007

FFH welcomed 22 new campers at the Spring 2007 weekend getaway!

Regina Anderson
Bill & Jean Brand
Kim Brand
Jacqueline Fritz
Karen & Michael Hayes
Angela Hunt
Barbara & Charles Jarzynka
Ann & Robert Miller
Mary Miller
Jo Powell
Tammy Shields
Joe Slack
Dana & Mike Smith
Darlene Walls
Kim White
Bette Williams
Betty Winston

The retreat raffle brought in
\$338



Friends for Hope needs your help!

If you would like to help in any of the following areas-please call (502) 451-9600: leave your name and phone number for someone to contact you.

We are in great need of a phone contact volunteer. The volunteer for the phone contact would be the person called by those who did not want to leave their name and number.

Ed Causey has agreed to handle this position until we get another volunteer.

If interested, please contact Ed or leave a message on our phone. (502) 451-9600

Thank you

- Phone contact volunteer
- Fundraising
- Soliciting donations for raffles, bed bags and/or door prizes
- Head up committees or serve on one
- Deliver material to physicians offices
- Mailings, labels, stuffing envelopes
- Help with support group
- Write grant requests
- Public Relations & Promotions
- Recruitment & Development
- Bookkeeping & Computer Expertise

An extra special **THANK YOU** goes out to the
Kentucky Cancer Program
for their continued support to the
Friends for Hope group.

We would like to extend our sympathies to the families of :

Betty Murphy	12-24-2006
Liz Hoffman	3-27-2007

REMINDER

If there is a death, please notify Linda Zay at 239-3433, for the telephone tree to make calls.

Linda could use some help with the telephone tree. If you would like to help Linda, you can leave your name and number and she will get back with you.

Support Group

Remember who you turned to for help when you were a newly diagnosed cancer survivor? Are you willing to be there for others? Have you been to a Friends for Hope Support Group meeting lately? Remember how good you felt when there were 10 to 15 long time survivors there to talk with you?

Friends for Hope Support Group meets the first and third Wednesday from 7:00 pm to 8:30 pm at the Hospice of Louisville Building.

This is not a hospice support group, but is endorsed by Hospice

It is for adult survivors, family members and friends. The meeting is located off

Dutchman's Lane at Abigail Drive and Ephraim McDowell Drive.

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If you do not want to receive future mailings from Friends for Hope please call our contact phone (502) 451-9600 and leave your full name and address and we will remove your name from our mailings.

"SPOTLIGHT"

We will be spotlighting different organizations and businesses that support us in each newsletter.

This month we spotlight two of our supporters!

Hungry?

Denny Kayrouz's Outback Steak House located on Bardstown Road has been a continuous supporter of our group for several years. Our group has been the recipient of a terrific meal each Friday night of our Spring & Fall weekend getaways

Need beauty work? Hair, Nails, Makeup, etc.

A Trusting Touch Hair Salon is owned by one of our members, Donna Dedas. She has held raffles at her shop located on Blue Lick Road in Okolona to help financially support our group

Please support their businesses as they support our group.

Thanks Denny & Donna!

We appreciate all you do for us!

Would you or your company like to raise funds to help support our group?

**Friends for Hope extends a special thank you
to the following who made a donation between January 2007 through May 2007**

Additional donations in memory of :

Joseph Earl Crosser (Joe)

Martha Tarry Simpson

Kitty S. Strube

Jim Ohligschlager

Cindy Wilhem

Jack Bohn

Cindy Wilhem

In Memory of :

Debra Badgett

Cindy Wilhem

Betty Murphy

Agnes Bacala

Fay C. Hoffman

Willard & Marietta Niederbaumer

William Murphy

Robert & Joann Rutherford

2040 Dominican Sisters

Liz Hoffman

Mardi Crosser

Charles & Sheelah Anderson

Allstate Giving Campaign by Regina Gallagher

(monthly matching funds donation)

Individual Donations

Mark Krause

Donna Dedas-A Trusting Touch Hair Salon

Electrical Workers Union-

(IBEW Local Union Retired Members)

Jackie & Anthony Schembari

Michael Quinlan Brain Tumor Foundation

Whitney Vowels

**COME RELAX ON
KAVANAUGH ISLAND**

It was truly a relaxed atmosphere!

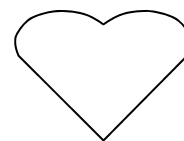
We were so happy for all who attended the weekend getaway this Spring! In case you were unable to join us for the Spring getaway, we hope you will be with us for the one in the Fall, which is the weekend of

Sept. 7th, 8th & 9th.

The average score for the 35 evaluations returned was
9.6!

Great job and a huge thank you to all who help make these getaways possible.

These scores truly represent the heart and hard work each of you continue to give.



THANK YOU

FRAN & FAMILY

FOR THE AWESOME DECORATIONS

They were a wonderful addition to our weekend

**Friends For Hope
Facilitators Schedule
2007**

Denise Hagar – 897-1166

Ed Causey –893-1913

Tony Heitzman— 456-6200 ext. 4479

Bill Stanley –458-2372

Barbara Steele – 562-4158

May	2	Bill Stanley	Energy
	16	Denise Hagar & Ed Causey	Forgiveness
June	6	Bill Stanley	Strength
	20	Tony Heitzman & Barb Steele	Laughter
July	4	Bill Stanley	Self-Talk
	18	Denise Hager & Ed Causey	Patience
August	1	Bill Stanley	Affirmation
	15	Tony Heitzman & Barb Steele	Acceptance
Sept	5	Bill Stanley	Friendship
	19	Denise Hager & Ed Causey	Denial

INSPECTED BY #35

*Written by Joseph Crosser
(deceased FFH member)*

Please help carry out Joe's dream of having his play performed each year!
July 26,27, & 28th at 7:30pm each night and a 2pm Matinee on the 28th.

**Thrust Theatre
2314 S. Floyd St.**

Louisville, Ky

For tickets call (502) 361-9513

\$15 per ticket

—A DASH—

From Franklin Boggess

(Electrical Clearing House Chaplain & Cancer Survivor)

Stop and think, what happens to our lives between birth and death.

A Dash.

Some of us are on a short dash, but some of us are on a large, long dash.

The main thing is to have a dash that influences the good in those we meet along life's journey.

I read a story of a man who spoke at the funeral of his friend.

He referred to the dash on his tombstone from the beginning to the end.

He noted that first came the date of his birth, and then he spoke of the second date with tears, but he said what mattered most of all was the dash between those years.

That dash represents all the time he spent alive on earth, and now only those who loved him know what that little time is worth.

It matters not, how much we own: the cars, the house, and the cash.

What matters is how we live and love, and how we spend our dash.

So think about this long and hard. Are there things you would like to change?

For you never know how much time is left.

If we could just slow down enough to consider what is true and what is real, and always try to understand the way other people may feel.

Be less quick to anger and show more appreciation for the people in our lives.

Love like you've never loved before.

If we treat each other with more respect, and more often wear a smile.

Remembering that this special dash might only last a little while.

So when our eulogy is being read with our life's actions being rehashed...,

Would we be pleased with the things they have to say about how we spent

Our dash?

MISSION STATEMENT

Friends for Hope is a non-profit organization

Created for the purpose of supporting adult cancer survivors, family members and caregivers through
Friendship, love and laughter.

Our mission is to provide support through bi-monthly meetings on the first and third Wednesday of every month from 7:00 — 8:30 p.m.

Trained professionals facilitate these meetings where you can meet new friends, share experiences, and express feelings.

Friends for Hope also offers two weekend retreats, one in the Spring and one in the Fall.

The relaxing, informative and fun-filled camps are a time for those affected by cancer to enjoy fellowship
and support in a beautiful natural surrounding.

Our hopes is to make living with cancer the most positive experience possible.

For more information about *Friends for Hope*

Call (502) 451-9600

Visit our Website: www.friendsforhopecancersupport.org

NEXT WEEKEND GETAWAY

Missed Woodstock the first
time around?

Here's your second chance!

The date for the next

Friends for Hope weekend
getaway is

September 7,8,9, 2007

If you want to tie dye bring a
plain white tee-shirt with you
to the getaway

DEADLINES FOR FALL
WEEKEND GETAWAY

Last date for

Early Bird Discount

Is

August 17, 2007

Final Registration for

Fall Getaway

is

September 3, 2007
