

February 2013

H I P P I T Y
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March 22-24, 2013

Friends for Hope

SPRING RETREAT



Cancer Support
Group
(502)451-9600
P.O. Box 5575
Louisville, KY
40255

CHALLENGE

SHARE THE GOOD YOU RECEIVE

Let's spread the word about Friends for Hope retreats. The retreat committee challenges each member to tell another cancer survivor or caregiver (or someone who has been affected by cancer), about the retreat so they can receive the same GIFT you have by being at the weekend.

Our retreat brochures are ready and if you know of someone that needs one —you or the person can call (502-451-9600) —leave your name and a number and someone will get with you within 24 hours and we will be happy to mail one. Or you may call

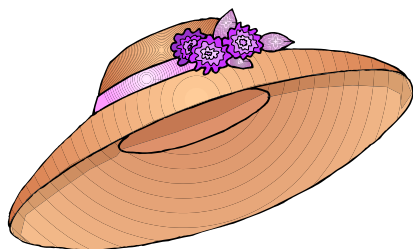
Mardi Crosser at
425-3315.



HATS, CAPS AND BONNETS

If you are coming to the retreat PLEASE bring a hat, cap or bonnet—MEN TOO-- with you to wear in the Easter Parade on Saturday. Decorating will be an event on Friday evening.

**EVERYONE IS RESPONSIBLE FOR
BRINGING
THEIR OWN
HAT!**



BOARD OF DIRECTORS AND COMMITTEE CHAIRS

Secretary & Board

Development-

Maurice LeFevre-671-0403

Treasurer

Dennis Grimes-451-3624

Fund Raising

Carol Hudson-614-7062

V.Pres & Newsletter

JuneBug Head- 348-1020

President & Outreach

Jeff Bohn-773-4645

Public Relations-

Mardi Crosser-425-3315

Support Group-

Mary Margaret Collins-
363-2328

Member at large-

Carl Logsdon

**Friends For Hope Support Group
Facilitators Schedule -2013**

Ed Causey -445-1021

Barbara Steele - 361-9513

Tony Heitzman—797-5782

Maurice LeFevre— 671-0403

Feb 27 May 22

Mar 2 June 26

Apr 24 July 24

Gilda's Club is graciously doing dinner before the meeting from 6pm to 6:30pm. If you can join us for dinner please call ahead to let them know how many will be coming with you so they will be prepared.

502-583-0075

Then meet in Emily's Room for the meeting.

Also if you have young children ages 2 to 5 and need to bring them with you they are welcome to a supervised program at Noogie-land at 6:30 to 8 pm during the meeting.

Please call 48 hours in advance.

They cannot accommodate children who are not registered in advance.

Thanks and hope you can join us!

We want to welcome

Carl Logsdon

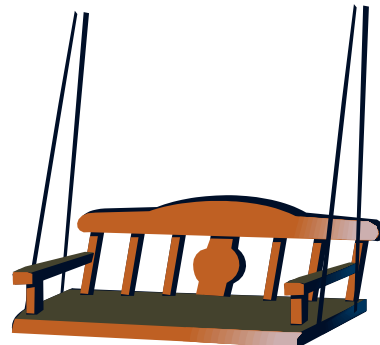
to the Board of Directors.

Carl works for Publishers Printing in Shepherdsville. He has been making the large raffle items for several years. Carl always has beautiful pieces and they have made a lot of money for the group allowing more funding for scholarships and purchases for the retreat.

We want to thank Donna Dedas, who originally introduced Carl to Friends for Hope. Since then Carl has helped out in so many ways -from building raffle, items, selling tickets to working in the kitchen. Carl's workplace, Publishers Printing in Shepherdsville now prints our retreat brochures for us-WOW thanks.

We appreciate his

time, talent and giving nature. Thanks Carl—we know you will be an asset to our Board and we welcome you.



Friends for Hope extends a huge thanks to the following who made a monetary donation to the group September 2012 through January 2013

Donations are used for scholarships and to purchase what is not donated.

In Memory of Sandy Schroerlucke

Sheelah Anderson
Carolyn Parrack

In Memory of Linda Zay

Dan Zay

In Memory of Joe Crosser

Amy Crosser

In Memory of Kay & Pete Vowels

Gene Vowels

IBEW Local 369

Allstate Giving Campaign

Bev Cunningham

Pam Mahdavi

Page 3
MEMBER UPDATE

Dennis Grimes is still recuperating from his liver transplant on the 9th of January. What a way to start off the New Year Dennis!

Mary Heines —. Mary is holding her own. Having many chronic problems that she continues to experience. She is looking VERY forward to seeing ALL of you at the March retreat

Pam Mahdavi -"I have been doing better health wise however the neuropathy and arthritis have worsened (especially my right). 4 docs later, a brace -which causes more pain, back to doctor to see if anything can be done---???"

Libby Schultz is bedridden, her right side is completely paralyzed and she is with Hosparus. Her husband, Tommy says in the last month or so he has seen her stabilize some. She has gotten off of oxygen and catheter. She knows everyone and while she cannot communicate orally she does so with her eyes.

Karen Blake is on treatment again. She is doing good.

Tracie Brueggen is on her last chemo option. After that, alternative medicine or do nothing and let it take its course. Her breast cancer moved to her liver 2 years ago and has been on chemo ever since. Unfortunately her liver has continued to reduce function & she is showing signs of liver failure. She request that if anyone knows of some alternative medicine or such to let her know and to keep praying for her. Tracie has twin 13 year old boys

Carol Phipps Two teams of top lung and heart specialists have given similar reports -- heart valves cannot be repaired because the severity of lungs. Advised to move out of Ohio Valley for better quality of life. Have been through 2 bouts with Flu this season. Better presently. Praying! Sorting! Packing! Expecting word from God as to next step. Denied Disability in Dec and have appealed. Appreciate prayers. Thank you!

Let us keep these members as well as all of our Friends for Hope members in prayer.

The golf scramble benefiting FFH will be held June the 8th 2013. It seems like a while from now but gathering enough door and silent auction prizes for over 100 players takes quite some time. In the past we've rarely asked for help but it is getting harder to reach our numbers. I would like to ask those that can help to ask local businesses, restaurants, family or friends for door or silent auction prizes. They don't have to be golf related but should be new items that someone could use. Small items will be paired with others to create a door prize. We have a 2 person committee that handles that. Items can be brought to the spring retreat. I will make arrangements to pick up items. I can be reached at 502-643-6073 to answer any questions. Looking forward to seeing our FFH family at the spring retreat. Thanks in advance, Kevin Blake

CANCER PREVENTION STUDY-3 DROP-IN TEXT

To better understand ways to prevent cancer, the American Cancer Society is recruiting men and women across the US and Puerto Rico for a landmark new research study Cancer Prevention Study-3 (CPS-3). Enrollment is being made possible in partnership with Baptist Hospital East, Floyd Memorial Hospital and the YMCA of Southern Indiana - Clark County Branch during March 19-20, 2013. Individuals may choose to participate if they are willing to make a long-term commitment to the study (which involves completing follow-up surveys periodically over the next 20-30 years), are between the ages of 30 and 65 years old and have never been diagnosed with cancer. For more information, visit cps3kyin.org, call 1-888-604-5888 or e-mail cps3@cancer.org.

Get your Derby on at a preview of spring fashions in the second annual Pearls and Pumps event benefiting the women's cancer program at Baptist Health. The event will be from 11 a.m.-2 p.m. Saturday, Feb. 9.

Tickets to the Baptist Hospital Foundation's Pearls and Pumps event are \$60, available online at www.baptisthospitalfoundation.org (where you can also get in on the prize packages). For more information, call (502) 896-7704. Can't attend? Visit the website to take a chance on some great prizes, including vacation packages, restaurant and spa services.

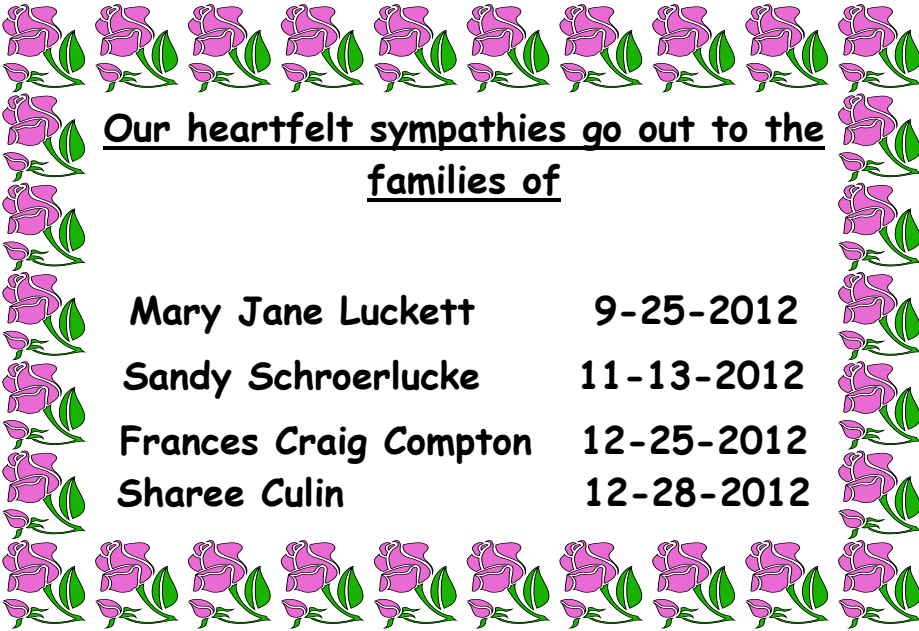
Donors for the Fall 2012 retreat follows. Please support these businesses as they support our group. We sincerely thank them for their generosity and appreciate their support.

Publishers-Nick Simon, Shepherdsville	Karen Parker
A Trusting Touch Hair & Nail Salon	Carolyn Patton
Cindy Anderson	Pizza Hut/ 5368 Dixie Hwy
Rosa Battle	Jerry Reising
Bernheim Forest	Tammy Shields/Joe Slack
Karen & Kevin Blake	Barb Steele
Blondie's Produce	Swift Meats
Jeff Bohn & Sherri Coder	Kim Venegas
Gina Bottom	Sally White
Betty Bowling	Bette Williams
Donna Dedas	MH Equipment
Margie Gaines @ A Trusting Touch	
Linda Heichelback	
Krispy Kremes/ 7th Street	
Sue Kunaschk	
Carl Logsdon	
Louisville Science Center	
Mega Taverns	
Gertrude Meredith	
Bob & Ann Miller	
Debbie Minton	
Outback-Fern Valley Road, Bardstown Rd (Fern Creek) & Hwy 22 (Brownsboro Rd)	

Also would like to thank Donna Dedas' daughter Chancie & her friend for helping in the kitchen and Lauren, Mary Margaret's granddaughter for help around the grounds.

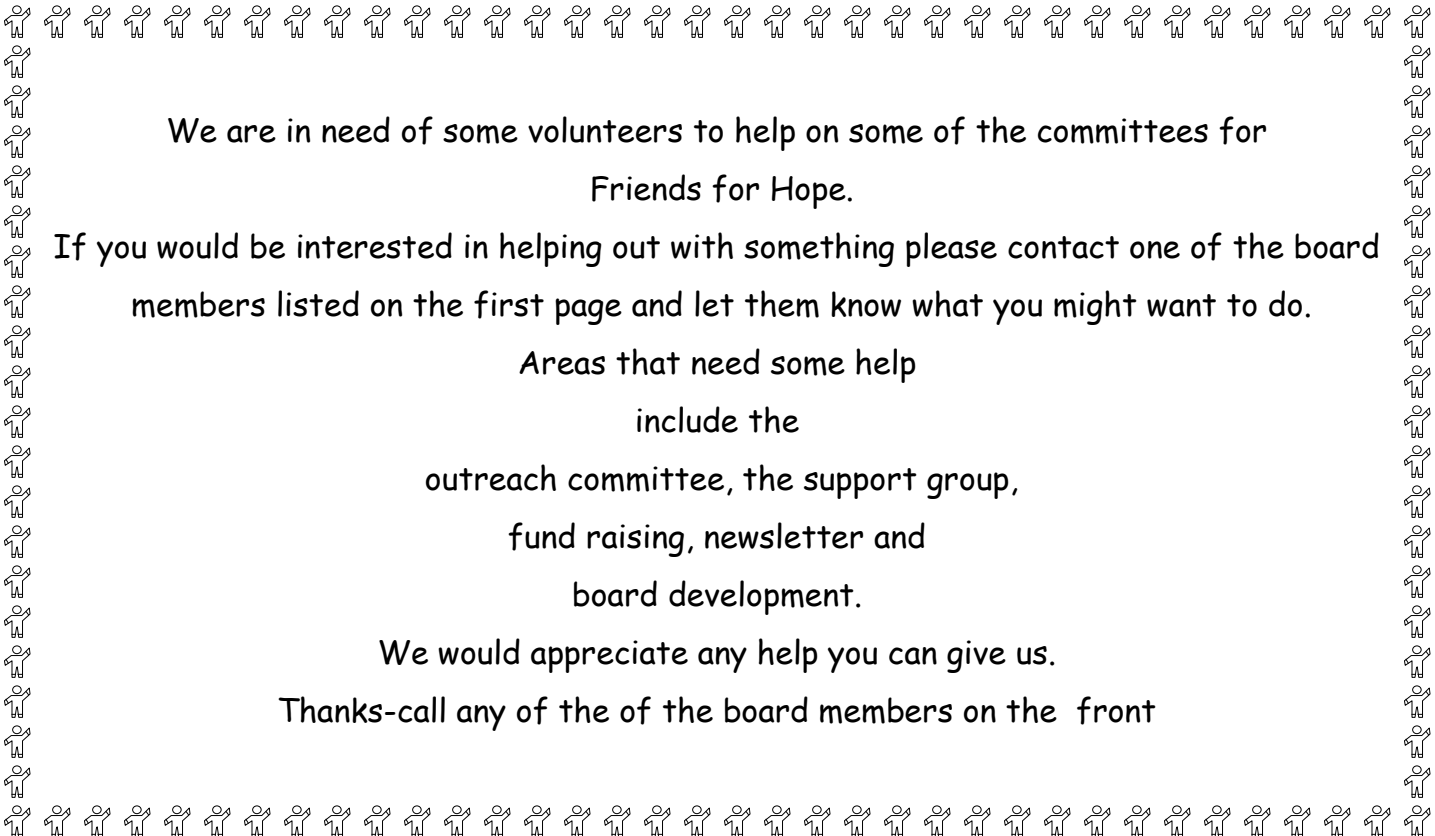
If anyone donated or helped and was omitted

I apologize



Our heartfelt sympathies go out to the families of

- Mary Jane Lockett 9-25-2012
- Sandy Schroerlucke 11-13-2012
- Frances Craig Compton 12-25-2012
- Sharee Culin 12-28-2012



We are in need of some volunteers to help on some of the committees for Friends for Hope.

If you would be interested in helping out with something please contact one of the board members listed on the first page and let them know what you might want to do.

Areas that need some help include the outreach committee, the support group, fund raising, newsletter and board development.

We would appreciate any help you can give us. Thanks-call any of the of the board members on the front

REMINDER

**If there is a death, please notify
Cindy Wilhem at (502)426-1053 or
(502) 744-7708 for the
telephone tree to make calls.**

MISSION STATEMENT

Friends for Hope is a non-profit organization

Created for the purpose of supporting adult cancer survivors, family members and caregivers through

friendship, love and laughter.

Our mission is to provide support through monthly meetings on the fourth Wednesday of every month from 6:30— 8:00p.m.

At Gilda's Club, 633 Baxter Ave , Lou., Ky. 40204

Trained professionals facilitate these meetings where you can meet new friends, share experiences, and express feelings.

Friends for Hope also offers two weekend retreats, one in the Spring and one in the Fall.

The relaxing, informative and fun-filled retreats are a time for those affected by cancer to enjoy fellowship

and support in a beautiful natural surrounding.

Our hopes is to make living with cancer the most positive experience possible.

THE DATE FOR THE

**SPRING RETREAT
IS
MARCH 20—22 2013**

**The theme is
HIPPIITY HOPPITY
HOPE IS ON ITS WAY**

**PLEASE SAVE THIS
DATE AND**

PLAN TO JOIN US



**Discount
for early
registration is
March 1, 2013**

**The final
registration date is
March 15, 2013**